



August 22nd, 2018

Dear Parents,

The CISSS of Laval is pleased to offer parents a comprehensive parenting workshop entitled “Active Parenting Today”. This seven (7) week program will offer guidelines and alternatives to ensure a more enjoyable relationship with your child. If you are the parents of a child between the ages of 4 and 12, we look forward to meeting you.

Sessions will cover topics ranging from development and discipline to understanding why kids misbehave and what can be done. The workshop is free of charge. Registration is limited; therefore we ask that you contact Helen Morrison (450-687-5691 ext: 82141) or Julie Thibert (450-687-5691 ext: 82284). We ask that you register or request information no later than October 5th, 2018. Sessions will be held on Tuesday evenings between 7 and 10 pm, **beginning October 16th, 2018.**

We look forward to meeting you!

ANIMATORS: HELEN MORRISON & JULIE THIBERT

**WHERE: CISSS OF LAVAL
800 CHOMEDEY BLVD, C TOUR, 2ND FLOOR,
SUITE 102
TEL: (450) 682-2952**

**WHEN: TUESDAY EVENINGS AT 7PM
STARTING: OCTOBER 16TH, 2018
FOR 7 CONSECUTIVE TUESDAYS**