



Souvenir Elementary School  
École primaire Souvenir

## IT'S BACK-TO-SCHOOL TIME FOR LICE, TOO!

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September 15<sup>th</sup> 2016

### DEAR PARENT(S) / GUARDIANS

Every year, thousands of children across Quebec start vigorously scratching the backs of their heads and behind their ears. And that's just the tip of the iceberg! It's a sign that head lice are back. We have to be ready to find them so we can control their spread and transmission.

#### **Information**

To obtain more practical information concerning lice and treatment procedures, you can consult the pamphlet on the web site of the Health Ministry at [www.msss.gouv.qc.ca](http://www.msss.gouv.qc.ca) . Go to the 'documentation' section, then 'publications' and you will find the pamphlet under the letter 'L', it is called: *Lice...Lice...Lice...All there is to know about head lice.*

#### **Checking for head lice**

Get a nit comb (a comb, which is designed to remove head lice and available at a very low cost at pharmacies) and get in the habit of checking your child for lice every week. This will help you recognize and begin treating an infestation early and limit the spread in your home and at school.

During the school year, your child may be checked for lice by the school nurse or another person hired by the school. You will be informed ahead of time. This will help us control a lice outbreak if one occurs.

#### **Future letters**

During the school year, you may receive one or more letters informing you that your child or another student has head lice. Please follow the recommendations provided in these letters, which will be adapted to the situation.

The cooperation of parents is crucial in preventing and controlling head lice.

Thank you for your attention to this message.

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School Principal

Note: For more information, contact your CLSC's Info-Santé service (811).