

SOUP-ER-LUNCH

SOUVENIR 2018-2019



souperlunch@gmail.com	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY	FILET OF SOLE WITH VEGETABLE RICE	CHEESE TORTELLINI IN TOMATO SAUCE WITH CAESAR SALAD	ROTINI PASTA WITH MEAT SAUCE AND CRUDITÉS	BEEF CHILI WITH TORTILLA CHIPS
TUESDAY		CHICKEN BURGER WITH TOSSED SALAD (SEPT 11 th ONLY)	GRILLED CHEESE WITH CHICKEN NOODLE SOUP (SEPT 18 th ONLY)	
WEDNESDAY	BEEF TACOS (2) WITH LETTUCE, SALSA AND MEXICAN RICE	SAUSAGES (3) WITH MASHED POTATOES AND VEGETABLES	BONELESS BBQ RIB WITH VEGETABLE RICE	SHEPHERD'S PIE
THURSDAY	SPAGHETTI AND MEATBALLS WITH CARROTS	SPANAKOPITA WITH CHEF'S SALAD	MEATBALLS IN GRAVY WITH MASHED POTATOES AND CORN	CHICKEN BURGER WITH TOSSED SALAD
FRIDAY	ANGUS BEEF CHEESEBURGER WITH TOSSED SALAD	CHICKEN BROCHETTE WITH RICE AND SALAD	CHICKEN NUGGETS WITH EGG NOODLES AND VEGETABLES	BOW TIE PASTA WITH BEEF MAC N' CHEESE STYLE

Soup with crackers \$1.25
 Assorted Sandwiches \$2.75
 Grilled Cheese \$2.50
 Bagel + cream cheese \$2.50
 Garden salad \$2.50
 Greek salad \$2.75
 Spring mix salad \$2.75
 Macaroni Salad \$2.00

Cheese string \$1.25
 Yogurt \$1.25
 Ice cream \$1.00
 Chocolate milk \$1.75
 Strawberry milk \$1.75
 Vanilla milk \$1.75
 Milk \$1.00
 Juice \$1.00

Oatmeal fruit Muffin \$1.00
 Oatmeal cookie \$1.00
 Fruit salad \$2.50
 Jell-O \$1.00

Pre-Order (on request)
 Tuna or Chicken or Egg
 Large salad plate with sliced cucumber, sliced tomatoes, celery sticks and sliced red pepper
 \$4.50